



ROT^C CADETS hold training exercise in Huachuca Mountains

See Page A11



Photo by Cdt. Abby Nelson, Army ROTC

Inside



Photo by Rob Martinez

Feast Time

MI students end Ramadan fast

See Page A3



Photo by Eileen McWilliams

Red Ribbon Week

Post schools participate
in annual event

See Page A10



Photo by Tanja Linton

Scrapping

Creatively craft keepsake
album

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BOSS is about every single service member

By Sgt. Jack Wright

Vice President, Fort Huachuca BOSS Program

Better Opportunities for Single Soldiers is a program that supports the overall quality of life for single and unaccompanied Soldiers, according to the BOSS curricular. The BOSS program supports the chain of command by identifying quality of life issues and concerns, and by providing recommendations for QOL improvement. The BOSS program encourages and assists single Soldiers in identifying and planning for recreational and leisure activities. It also provides an opportunity for single Soldiers to participate in and contribute to their communities.

The BOSS program is separate and distinct from the Installation Management Command Single Soldier Initiatives program or any similar program because the BOSS program provides an avenue for single Soldiers to surface issues and to take part in activities but does not set policy and other guidance on issues. The BOSS program is intended to enhance command authority, prerogative, and responsibility in maintaining standards of conduct, good order, and discipline.

The Fort Huachuca Community has a lot to be proud of in its BOSS program. The Fort Huachuca

BOSS program is a very active part in the community, planning and execution of recreational activities, and the improvement of the Quality of Life here at Fort Huachuca for every service member.

On Oct. 14 and 15, the BOSS program sponsored a food drive at our Post Commissary in support of the Chaplain's Food Locker. Though scheduled for two days, the food drive was so successful that the food locker was filled by the end of the first day. On day two, the Fort Huachuca community still came out to donate several shopping carts full of food, making the food drive an overwhelming success.

BOSS is also working with the Army Air Force Exchange Service to put on the Can Film Festival on Nov. 11 at the Post Theater. Those interested in seeing a movie can pay the price of admission with a canned food item.

The BOSS program has a few ideas for this coming holiday season but is always looking for new opportunities to "give back" and support our military and surrounding communities.

On Oct. 21, the BOSS program sponsored a Madden 07 Football X-Box® Tournament at our local Time Out sports bar. This gave a unique opportunity to the Fort Huachuca community to compete

for an X-Box® 360, an X-Box®, and several other prizes. As with all BOSS events, MWR patrons were invited to participate, but single servicemembers will be favored if we reach capacity limits.

BOSS hosts a few tournaments like this a year, and has great support from several sponsors to offer fantastic prizes.

Another recreational event in the near future is the California trip to Sea World and Knott's Berry Farm. The trip will be on the Veteran's Day Weekend, and there will be free admission to both parks. Those who want to attend can contact their company BOSS Representative.

Our BOSS program has also bought forward several issues geared to improving Quality of Life. The BOSS council brings issues directly to Garrison Command Sgt. Maj. Douglas Sandstrom, and has resulted in the speedy completion of work orders, including work on doors, and washing and drying machines. The BOSS program is truly here for you.

The post BOSS meetings take place every other Wednesday in the Murr Community Center. The next meeting will be 3 p.m. Wednesday. We welcome all Soldiers interested in the program to attend and field new ideas or even get face-to-face with the BOSS officers and reps who represent them.

Scout On The Street — How did you stay in touch with loved ones while deployed?



Sgt. 1st Class John Tooley
HHC, 111th MI Brigade, IEW

"I used the AT&T phone bank, VoIP (Voice over Internet Protocol), Internet cafes ... and I could check AKO at work."



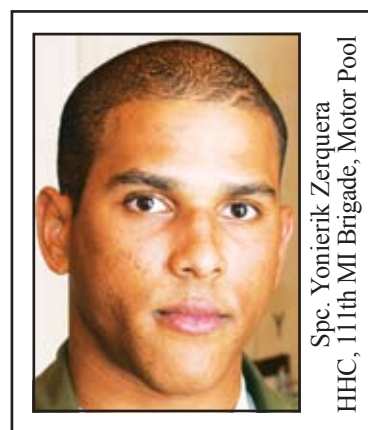
Sgt. Anh Huynh
HHC, 111th MI Brigade, IEW

"I used the Internet, MWR (Morale Welfare and Recreation) tents."



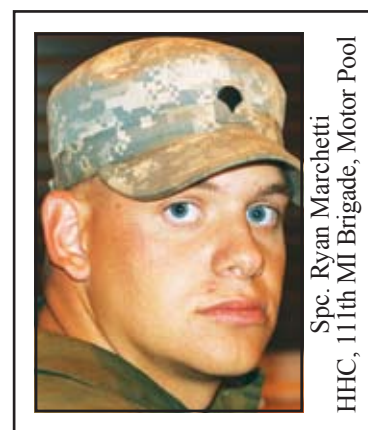
Staff Sgt. Nathan Bell
HHC, 111th MI Brigade, IEW

"An Italian reporter had a cell phone I could use."



Spc. Yonierik Zerquera
HHC, 111th MI Brigade, Motor Pool

"We had Segobia phones and an Internet cafe."



Spc. Ryan Marchetti
HHC, 111th MI Brigade, Motor Pool

"I had an AT&T card ... I used the computer a lot."

Correction, On Page A10 of last week's Scout, in Water Festival 'makes splash,' the man on the left in the bottom left photo should have been identified as Jim Hessil, Fort Huachuca NEPA coordinator and not as Bill Stein.

The Fort Huachuca Scout

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Col. Christopher Hughes speaks at TRADOC Culture Center

Story and photo by Michael Collins
Scout Staff

Fort Huachuca's Training and Doctrine Command Cultural Center hosted Col. Christopher Hughes Monday. He was one of the most noteworthy American commanders during the opening weeks of the invasion of Iraq. Hughes spoke to the community on Tactical Operations and Cultural Awareness.

Hughes achieved fame when his unit was assigned to contact a local cleric in the Muslim holy city of Najaf. An angry crowd of hundreds of civilians gathered with the mistaken impression that the Americans were going to destroy the holy shrine. The crowd shouted and waved their arms threateningly as they pressed forward toward the armed Soldiers.

Hughes' quick wit and social instincts took over. Reading the level of hostility of the people

with no intermediary to calm the growing mob, he bet on the discipline of his men and their trust in him to ease the tensions.

Taking a loudspeaker, he ordered all of his Soldiers to take a knee. His next order was to point their weapons to the ground. His third order was for his Soldiers to smile.

Those acts made the crowd understand that the Soldiers were not there to harm them. The crowd changed instantly in response and people started smiling again and patting the Americans on the back.

This action ultimately defused an escalating crisis situation and resulted in saving many Iraqi and American lives.

Hughes' actions resulted in a CNN profile about him and the actions of his Soldiers, characterizing them as 'heroes of the war.' Noted management guru Daniel Goleman and the author of a new book titled *Social Intelligence* cites Hughes'

quick thinking actions as a 'how to' model for business leaders and others that face similar culturally confusing leadership choices.

Now the commander of Joint Task Force Bravo in Honduras, Hughes emphasized the cultural nuances of the battlefield and knowing the core values of the people you interact with rather than categorizing by nationality.

"Ask an Iraqi who he is and you will get a totally different answer than you would from an American," Hughes begins. "First you will probably hear 'I am a Muslim' followed by family, tribe, hometown and finally Iraqi. Most Americans wouldn't start off with I am a Christian, Jewish, or whatever. All of this ties into their identity and the way they see the world."

"Westerners looking at what is going on in Iraq need to take a step back from their perceptions to get an accurate picture,"

continued Hughes. "Many are confused about why when we offer democracy, the populace doesn't embrace it wholeheartedly. We need to be sure people are fed first, have incomes to take care of their families, then, they can think about the higher ideals. We are attempting to make major social changes that go to the foundation of Iraqi culture. It will not happen overnight."

The good news is democracy is being established in Iraq with Hughes having facilitated the first elected council in his area of control. "I believe the council that was elected in Hal-lah is still in place, with maybe the exception of one person," said Hughes. "We help set up similar councils throughout the area under my command."

Hughes concluded with a recommendation that all future battlefield commanders and policy makers immerse themselves in the study of a culture



Col. Christopher Hughes, one of the heroes of Iraq, addresses the assembly at Fitch Auditorium about the cultural nuances of the battlefield.

before planning for war.

Lectures such as this are part of the ongoing effort to bring cultural awareness to the forefront of strategic and tactical decision making for commanders throughout the military services.

VA announces 'Veterans Pride' initiative

Army News Service

Leaders of major veterans organizations joined Veterans Affairs Secretary James Nicholson here Oct. 19 in launching an effort to "kindle a new spark of patriotism" by asking men and women who have served in the military to wear their medals on Veterans Day. "We are announcing a 'Veterans Pride Initiative' to remind Americans of the pride and honor in the hearts of those who have served," Nicholson said at a news conference at VA headquarters. "We expect Americans will see our decorated heroes unite in spirit at ceremonies, in parades and elsewhere as a compelling symbol of courage and sacrifice on Veterans Day, the day we set aside to thank those who served and safeguarded our national security." The campaign is modeled after a tradition in Australia and New Zealand, countries who honor the Australian and New Zealand Army Corps on April 25 each year, VA officials said. Nicholson said he hopes a U.S. tradition will ensue to emulate this pride in being a veteran and in honoring the nation's veterans. VA is offering information about the campaign at www.va.gov/veteranspride, where veterans also can obtain information about how to replace mislaid medals and learn how to confirm the decorations to which they are entitled. (From a Department of Veterans Affairs news release.)



International students from the 304th Military Intelligence Battalion celebrated Eid al-Fitr in tandem with the Training and Doctrine Command Culture Center behind Nicholson Hall, Friday.

304th MI observes Eid al-Fitr with international military students

Story and photo by Rob Martinez
Scout Staff

"We have officers from every continent here today, except Antarctica," said Lt. Col. Ed Riehle, 304th Military Intelligence Battalion commander. "For this, I thought there'd be no better celebration than to do something for the end of Ramadan, a small ceremony and a chance to get together."

See EID-AL-FITR, Page A14

Check ballots carefully on election day

City of Sierra Vista release

The City of Sierra Vista has contracted with Cochise County to run the city's election this year.

Because of the primary election balloting problems that arose, Jack Cooke, city clerk, says "We are taking a more active and diligent role in the Nov. 7th election. We are taking extra steps in an attempt to eliminate ballot distribution concerns by having our staff attend poll worker training sessions as well as visiting all the polling sites on election day." City clerk employees are working in conjunction with the Cochise County Elections/Special Districts Office to be sure they are well versed in the County's polling processes.

Voters should check to be sure they have received the correct ballot. Ballots are identical with one exception. City residents will vote for the mayor of Sierra Vista and county residents will not. Voters must take personal responsibility to review ballots before voting. Those who feel they have the wrong ballot should talk to their poll worker.

For additional information, contact the City Clerk's office at 458-3315.

Don't forget, proof of identification at the polls will be required at Tuesday's election. For acceptable forms of proof of ID, contact the Cochise County Records Office at 432-8354 or the Elections Office at 432-8972 or visit their Web site, http://www.azsos.gov/election/Prop_200/poll_identification.htm.

Fort Soldier helps Army win Ironman Triathlon

By Thom Williams
Scout staff

A Soldier from Fort Huachuca helped the U.S. Army win the top spot in the Military Division, at the grueling 140.6-mile Ironman Triathlon World Championships in Kona, Hawaii, Oct. 21.

Matt Lorenz, 34, U.S. Army Intelligence Center, finished the event in 9:44:49 good enough to place 240th in the race that included more than 1,700 competitors and was the first finisher for the Army team.

The Ironman event includes a 2.4-mile swim, a 112-mile bike ride and a traditional 26.2-mile marathon.

The 2006 Ironman World Championship was Lorenz's second trip to the event.

To begin the race, competitors gathered at the starting line, treading water in a small area just off the beach in what's called a deep water start.

The St. Louis, Mo. native said he swam mostly clean water this year and didn't have a lot of physical contact with other swimmers.

"Last year I really got beat up; it was like a boxing match the whole time," he



Courtesy of Kathleen Vedock

Matt Lorenz, U.S. Army Intelligence Center, runs along the Pacific Ocean in Kona, Hawaii during the 140.6-mile Ford Ironman Triathlon World Championships Oct. 21. Lorenz led the U.S. Army to victory in military team competition.

said. "I not sure how I managed to have nice water the whole time this year, but I just kind of stroked through it and felt good."

In the water, Lorenz uses a hybrid mix of swimming goggles and a snor-

keling mask, because it provides greater visibility when a swimmer raises his head to look for a landmark for navigation.

Lorenz said that this year the swells in the ocean were large, so he swam with

the herd and looked up to make sure he wasn't swimming perpendicular to everyone else around him.

He said strong currents or the choppy water added five minutes to athletes' times.

"I thought I was having a great swim," said Lorenz, who was competing in his eighth Ironman event.

"I was right on target for a one-hour finish time at the halfway point, but I climbed out of the water at the pier and saw on my watch a 1:08:00."

He finished the ocean portion of the race in 1:08:17, almost three minutes slower than his 2005 time. The 2.4-mile swim portion of the race is equal to 169 laps in a 25-meter pool.

Then it was on to the transition area at Kailua Pier; for a fresh water shower, donning cycling gear and heading out on the 112-mile bike course that initially wound through Kona.

"I got on the bike and felt really good for the first two hours," said the three-time member of the Armed Forces Cycling Team.

At about the 79th mile on a "screaming downhill," Lorenz's rear tire went

See **ARMY**, Page A15

Avoid getting hooked by 'phishing' scam

Scout reports

"We suspect an unauthorized transaction on your account. To ensure that your account is not compromised, please click the link below and confirm your identity."

"During our regular verification of accounts, we couldn't verify your information. Please click here to update and verify your information."

Have you received e-mail with a similar message? It's a scam called "phishing" — and it involves Internet fraudsters who send spam or pop-up messages to lure personal information — credit card numbers, bank account information, Social Security number, passwords, or other sensitive information—from unsuspecting victims.

The message may ask you to "update," "validate," or "confirm" account information. The messages direct you to a website that looks just like a legitimate organization's site. But it's a bogus site whose sole purpose is to trick you into divulging your personal information so the operators can steal your identity and run up bills or commit crimes.

These tips may help you avoid getting hooked by a phishing scam:

- If you get an e-mail or pop-up message that asks for personal or financial information, do not reply. Don't click on the link in the message, either. Legitimate companies don't ask for this information via e-mail.

- Area codes can mislead. Some scammers send an e-mail that appears to be from a legitimate business and ask you to call a phone number to update your account or access a "refund." Because they use Voice Over Internet Protocol technology, the area code you call does not reflect where the scammers really are.

- Use anti-virus and anti-spyware software, as well as a firewall, and update them regularly. Some phishing e-mails contain software that can harm your computer or track your activity on the Internet without your knowledge.

- Don't e-mail personal or financial information. E-mail is not a secure method of transmitting personal information. If you initiate a transaction and want to provide your personal or financial information through an organization's Web site, look for indicators that the site is secure, like a lock icon on the browser's status bar or a URL for a Web site

See **PHISHING**, Page A8

Combined Federal Campaign update

The Combined Federal Campaign has reached its half-way point. Fort Huachuca has collected a total of \$124,802. Call 895-2120 for CFC information.

HHC, USAIC	\$2,634
USAG	
DPTMS	\$832
DRMO, Garrison	\$2,300
EEO	\$1,064

40th Signal Battalion	
HHC 40th	\$2,997
Company A	\$2,459
Company B	\$1,918
Company C	\$1,648
Company D	\$734

305th	
Company A	\$9,549
Company B	XXXX
Company C	\$8,427
Company D	\$7,776
Company E	\$4,597

NETCOM/9th ASC	
NETCOM Cmd Group	
\$1,764	
Asst. Chief of Staff, G3	
\$3,787	
Asst. Chief of Staff, G2	
\$2,160	
ESTA	\$4,291
CONUS-TNOSC	\$123

MEDDAC	
Dept. of Administration	
\$1,702	

Other Units	
EPG	\$3,702
314 TRNG Sq (AF DET)	\$2,164
USACSLA	\$2,420
TEXCOM/IEWTD	\$4,583
ISEC	\$4,204
NCOA	XXXX
ITEC4-W	\$2,888
ASTB Unmanned Aircraft Systems Training BN	
HHC UASTB	
\$4,691	
Company A	\$6,276

Army Air Force Exchange Service Veterans Day Weekend holiday hours


Launderette

Always open

Main Post Exchange

Friday -10 a.m. - 5 p.m.

Main Store Barber Shop

Friday - 10 a.m. - 4 p.m.

Main Store Flower Shop, General

Nutrition Center, UPS Store, Optical Shop

Friday -10 a.m. - 4 p.m.

Wired Coffee-PX Mall

Friday - Closed

Anthony's Pizza

Friday -11 a.m. - 5 p.m.

Robin Hood Deli

Friday - 11:30 a.m. - 4 p.m.

Furniture Store/Outdoor Living and Furniture Store

Friday - 10 a.m. - 5 p.m.

Alltel Wireless

Friday - 10 a.m. - 4 p.m.

Shoppette/Class 6

Friday - 8 a.m. - 9 p.m.

Xtreeme Franks

Friday - Closed

Barracks Phone Center, Laundry, Dry Cleaner, Alterations Main Store, Laundry and Dry Cleaner Military Clothing Sales

Store, Military Clothing Sales Store, Cochise Theater, Enterprise

Friday - Closed

AT&T Cyber Zone

Friday - 8 a.m. - 8 p.m.

Greely Hall Diner

Thursday - 6:30 a.m. - 1 p.m.

Friday - Closed

Wired Coffee-Regimental Mall

Friday - 9 a.m.- 3 p.m.

Barber Shop Regimental

Friday - 11 a.m. - 4 p.m.

Burger King

Thursday - 6 a.m. - 6 p.m.

Friday, Saturday, Sunday - 10 a.m. - 5 p.m.

Barber Shop Greely Hall

Friday - Closed

JITC Cafeteria

Thursday - 7 a.m. - 1 p.m.

Friday - Closed

Mobile Vans

Thursday, Friday - Closed

Regimental Retail Store

Friday - 8 a.m. - 8 p.m.

Regimental Food Court- Anthony's Popeye's

Friday, Saturday, Sunday - noon - 5 p.m.

Charley's

Friday - noon - 5 p.m.

Saturday, Sunday - Closed

Baskin Robins

Friday - noon - 4 p.m.

Main Gate Shoppette

Friday - 8 a. m. - 8 p.m.

Beauty Shop

Friday - 10 a.m. - 4 p.m.

Admin Office

Friday, Saturday, Sunday - Closed

Advertisement

Fort extends thanks, congratulates retirees, families

Fort Huachuca recognized 15 retirees at the quarterly Installation Retirement Ceremony Friday at Chaffee Parade Field. They had more than 304 years of combined service. The following Soldiers retired: Lt. Col. Christine Fox; Chap. Lt Col. Jimmy Rucker; Chief Warrant Officer James Riedmueller; Sgt. Maj. Margaret Baldez; 1st Sgt. Joseph Harbolt; Master Sgt. Philip Brown; Master Sgt. Mark V. Baker; Master Sgt. Nolan Robert; Sgt. 1st Class Quintin Rubin; Sgt. 1st Class William Reynolds; Sgt. 1st Class Ira Petit; Sgt. 1st Class Steven Pinette; Sgt. 1st Class Bradlee Amaro,; Sgt. 1st Class Carlos Hernandez Jr; Staff Sgt. Eugene Darby III.



Photo by 1st Lt. Ryan Jones, 11th Signal Brigade

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AAFES issues computer battery recall

Scout reports

The Army Air Force Exchange Service in cooperation with CPSC Sony Electronics Inc. issued a worldwide hazardous recall for 340,000 rechargeable lithium-ion batteries used in VAIO Notebook computers.

There have been 16 reports of notebook batteries overheating, causing minor property damage and two minor burns. All reported incidents and injuries have been associated with earlier recalls of notebook batteries containing these Sony cells.

Sony Electronics sold the recalled battery packs through authorized distributors as part of their notebook computers from December 2004 through October 2006. Some of the affected models were sold at the AAFES retail

store level or on the Internet.

The recalled lithium-ion batteries were sold with or sold separately to be used with the following notebook computer models:

Sony VAIO Models: VGN-FE550G, VGN-FE570G, VGN-T240P, VGN-T250, VGN-T250P, VGN-T260P, VGN-T270P, VGN-T340P, VGN-T350, VGN-T350P, GN-T360P, VGN-T370P

Sony Battery Models: VGP-BP-S3A, VGP-BPS2B

Consumers should stop using the affected batteries from the notebook computers and contact Sony at (888) 476-6972 anytime or log on to <http://esupport.Sony.com/battery> to determine if the battery is part of the recall and to receive a replacement battery.

From **PHISHING**, Page A4

that begins “https:” (the “s” stands for “secure”).

- Review credit card and bank account statements as soon as you receive them to check for unauthorized charges. If your statement is several days late, call your credit card company or bank to confirm billing address and account balances.

- Be cautious about opening any attachment or downloading any files from e-mails you receive, regardless of who sent them. These files can contain viruses or other software that can weaken your computer’s security.

- Forward spam that is phishing for information to spam@uce.gov and to the company, bank, or organization impersonated in the phishing e-mail. Most organizations have information on their Web sites about where to report problems.

- If you believe you’ve been scammed, file your complaint at ftc.gov, and then visit the FTC’s Identity Theft Web site at www.consumer.gov/idtheft. Victims of phishing can become victims of identity theft. While you can’t entirely control whether you will become a victim of identity theft, you can take some steps to minimize your risk.

You can learn other ways to avoid e-mail scams and deal with deceptive spam at ftc.gov/spam.

Advertisement

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National Red Ribbon Campaign

Fort schools participate in drug-free activities

Story and photos by Rob Martinez
Scout Staff

The Fort Huachuca community took part in the National Red Ribbon Campaign to advance children's general awareness of chemical abuse, encourage organizations to take an active stand regarding sobriety and to promote a drug-free America.

National Red Ribbon week started as a tribute to Drug Enforcement Administration Special Agent Enrique Camarena who was kidnapped and murdered by drug traffickers in Mexico. This tragic event caused an immediate expression of grief, but has served to motivate thousands of Americans to educate children and encourage them to participate in Red Ribbon events.

Each school held a variety of events geared to educate and entertain their students.

"I think it is successful with all the kids here. The

staff works hard to promote a drug-free lifestyle," said Vincent Ramirez, who teaches sixth- through eighth-grade at Smith Middle School, about the school's "Shoot for the Starz" event. Students participated in a basket ball shoot for prizes.

Seventh-grader Josephine Pardo said, "It (Red Ribbon Week) has an effect, because if you don't learn about drugs, you won't know what will happen to your body if you use them."



Photo by Eileen McWilliams



Operation Desert Challenge tests ROTC mettle

By Cdt. Matt Oberg, Army ROTC

Special to the Scout

The weekend of Oct. 28 and 29, the Wildcat Battalion, Reserve Officer Training Corps, University of Arizona conducted its annual Fall Field Training Exercise here. The FTX is mandatory for cadets.

Known as "Operation Desert Challenge," the FTX gives the junior ROTC students experience leading the underclassmen through a weekend of training events in the mountains around Sierra Vista. The objective of the FTX is to place juniors in a relatively similar environment to what they will experience at Warrior Forge.

Warrior Forge is a 33-day event at Fort Lewis, Wash. that all Army ROTC cadets are required to attend between their junior and senior years. It is the culminating event in a cadet's training and is required before they can be commissioned in the U.S. Army.

Army ROTC uses the Fall FTX as a tool to spark the interest of college students



Photo by Cdt. Abby Nelson, Army ROTC

Cadet Phil Cerami wriggles under the wire on the confidence course during the ROTC field training exercise.

enrolled in the program. Some college students said that aside from free meals, the most attractive part of the event was the official dean's excuse allowing them to miss class on Friday.

In the weeks leading up to the FTX, classes learned the basics of surviving a weekend away from civilization. For college students that means turning off the cell phones and

I-Pods® for 48 hours, building an Army tent out of two pieces of canvas, avoiding poisonous snakes, not eating random plants and, most importantly, maintaining personal hygiene. (One can be amazed what a couple days without soap will do to college students!)

The FTX spanned three days, commencing Friday afternoon with a formation and a noisy bus trip to Fort

Huachuca and ending Sunday with paintball and a bus trip back to Tucson full of sleepy and stinky college students.

The structure of the Wildcat Battalion for the weekend was one company, composed of three platoons, each with four squads. Each junior had a specific leadership position, ranging from company commander to squad leader. This enabled them to develop

their skills in motivation, time management, teamwork, communication and military bearing.

In order to motivate everyone, platoons competed all weekend, earning points in the various training events. These included land navigation, the confidence course, the obstacle course and paintball. After each event, the top scoring platoon won a coveted streamer to place on their respective platoon guideons, the flag that each platoon carries.

During the FTX, cadets tried Meals Ready to Eat. They also learned what it felt like to arise at 5 a.m. each day after spending a night on the cold, hard ground.

The favorite activity, paintball, pitted junior cadets against seniors. Paintball war stories started even before the cadets reached the site.

Following the games, after weapons and equipment cleaning, the cadets loaded the vans, bragging about their bruises as if they were war wounds. However, as soon as the exhausted cadet boarded,

See ROTC, Page A14

Advertisement

Chap. Kinder: Pardon, but your character is showing

By Chaplain (Col.) Douglas Kinder

Grant Teaff, head football coach at Baylor University tells an amusing true story about a hunting expedition he went on a few years ago. A farmer out in West Texas offered to let him and one of his assistants hunt on his property. Upon arrival, Teaff asked his assistant to wait in the truck while he visited with the farmer for a few minutes. While expressing his gratitude to the farmer for the invitation, Teaff also remarked, "If we can ever do anything for you, just let me know."

"As a matter of fact," said the farmer, "I do need your help! If you notice, about fifty yards in front of where you parked your truck is an old mule. That old mule has been in our family for nearly twenty years and, frankly, Coach Teaff, she has become just like a member of the family. Recently she contracted a disease which is most painful and she needs to be put out of her misery. I just can't bring myself to do it, nor could my wife. Since you have your hunting rifles, would you be willing to put our mule out of her misery?"

"Well, it seems the least I can do, considering you're being nice enough to let us hunt on your property", said the coach.

"Thanks, I sure appreciate it," replied the farmer, glad to have the deed done.

As Teaff started back to the truck, he got an idea. He opened the door of the truck with an angry scowl on his face. The assistant immediately noticed and asked, "What's wrong, Coach?"

With obvious anger in his voice the coach responded, "That old farmer infuriated me! Can you believe he said Baylor would never win another game while you and I coached there."

"What?" was the incredulous reply.

"Not only that, but he said we were probably the worst coaching staff in the history of football!"

"But we were supposed to hunt on his property."

"Not only did he say to get off his property immediately, but if we don't he is going to call the law on us!"

"I can't believe it," said the dumbfounded assistant, with a look of shock.

Yep, makes me so mad," responded Teaff, "I think I'll shoot his mule!"

"Oh, Coach, no! You talk about the trouble with the law! We'll really be in trouble if you shoot his mule!"

"Trouble or not, I'm tired of people bad-mouthing Baylor ... this is it!"

Trying hard to hide his ever-widening grin, Teaff pulled his gun off the gun rack, lined up the poor old mule to do her a great favor, and squeezed the trigger. Bang! The shot rang out.

As he turned to see the reaction of the assistant coach, Bang, Bang! Two more shots rang out from the other side of the truck and the assistant coach shouted, "I got two of his cows, now let's get out of here!"

No matter who you are in life, whether a senior officer, the lowest ranking private, or a civilian, we frequently fail to realize the impact we often have on other people. You never know how much your actions and character influences someone else, whether subordinates, peers, family members or even superiors.

As the Apostle Paul asserted in Romans 14:7 "No man lives unto himself, and no man dies to himself... (v. 13) Take heed never to put a stumbling block or hindrance in the way of another."

The lesson here is simple; my lifestyle, the way I choose to live is affecting someone else. No man, or woman, is an island. You've touched someone else today whether you know it or not.

Think about your own life. Who is it that God has sent your way to model yourself after, to challenge you to change, to shake off that tendency to settle for less than your full potential, to stretch and pursue and conquer new territory you once never dreamed possible? All of us can name at least one individual, can't we?

Very briefly, I'd like to share with you four characteristics usually found in those who impact our lives.

CONSISTENCY - These people are not flashes in the pan, here today and gone tomorrow. Nor are they given to fads and gimmicks. They're reliable and unaffected by the fickle winds of change. They're consistent.

AUTHENTICITY - People who impact others the most are real to the core. No amount of probing

will reveal any hypocritical flaws. They're solid and genuine to the core, not some alloy covered over with a brittle layer of chrome. They're authentic.

UNSELFISHNESS - Those who impact us most watch out for themselves the least. They notice our needs and reach out to help, honestly concerned about our welfare. You don't often hear them use the words "I", "me", "my", and "mine." They're unselfish.

TIRELESSNESS - With relentless determination they refuse to quit. They seem to press on regardless of the odds, ever focused on the goal and virtually unconcerned with the obstacles. They're resilient and persevering. They're tireless.

Take stock of the way you impact the lives of others, and how you'd like to. As a start, apply the four principles I've just mentioned. After all, life is much more than doing something for other people, it's being something for them.

MCCW meets tomorrow

The Military Council of Catholic Women meets at 9 a.m. tomorrow in the Blessed Sacrament Chapel in the Main Post Chapel Complex. Discussion topics will be a representative from Mentor Connection, Prayer Angel Program and Worldwide Conference sharing, "Living His Will". This is a potluck so bring your favorite dish. Day care is provided for children under 5. For details, call Karen Harper at 458-5983.

Adopt-a-Soldier signup underway

The Thanksgiving Adopt-a-Soldier program matches military and civilian families from the Fort Huachuca military community with single and geographically-single Soldiers for a traditional Thanksgiving Day meal.

Volunteer host families sign up in person or by calling 533-8774, 533-8894 or 533-6731. Soldiers are assigned to families in pairs. The sign-up deadline for host families is Nov 17. Soldiers and hosts must both attend a "warm-up" party at the Eifler Gym Facility at 7 p.m. Nov. 21.

Protestant Sunday Services 9:00 a.m. Gospel 9:30 a.m. Protestant 11 a.m. Cross Roads 11 a.m. Collective Protestant	Roman Catholic Worship Mon.-Fri. Mass 11:30 a.m. Sunday Mass 9:15 a.m. Sunday Mass noon	Jewish Worship Every Friday 7 p.m.	Protestant • PWOC Tuesday 9 a.m. & 6 p.m.	Women's Ministry Bible study 1st, 3rd Friday 6 p.m. • Bible Study/Choir Practice Thursday 6 p.m. • Ministerial Staff Training Tuesday 6 p.m. • Men's Choir Rehearsal Tuesday 7 p.m. • Youth Fellowship 3rd, 4th Saturdays 8:30 a.m. • Women's Choir 2nd Tuesday 7 p.m. • Women's Choir 5th Saturdays 11a.m. • Youth Church 1st, 2nd, 3rd, & 5th	Sunday 9 a.m. Catholic • CCD Sunday 10:45 a.m. • Adoration of the Blessed Sacrament Friday 3 - 6 p.m. • MCCW 1st Friday 9 a.m.	Korean Choir practice Friday 6:30 p.m. OCIA Friday 7 p.m.	Muslim Prayer Friday 12:15 p.m.	Orthodox Divine Liturgy 1st & 3rd Sunday 9:30 a.m.	Latter Day Saints Service Sunday 1 p.m.	Youth Ministries • Middle school Sunday 4 - 5 p.m. • High school Sunday 5:30 - 7 p.m.
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Legend
Main Post
Main Post, Room 24
Main Post Blessed Sacrament Chapel
Prosser Village
Kino Chapel
Eifler

Advertisement

From **ED-AL-FITR**, Page A3

The 304th celebrated Eid al-Fitr in tandem with the Training and Doctrine Command Culture Center with barbequed goat, chicken and hamburgers served behind Nicholson Hall, Friday.

According to Riehle, the goal was to help Soldiers develop a better understanding of each other, because current conflicts of extremism and intolerance are present in all countries.

“The only way to get through this is through understanding and cooperation with each other. That will lead to our success, and that’s why we are here today.”

Moroccan Navy officer, Cmdr. Abdelaziz El Moussaoui explained that Ramadan is a month of full forgiveness for all believers. It is almost 30 days of a physical and spiritual experience during which they feel and are closest to their Lord.

“Ramadan reminds us to turn our attention to the needy, starving and poor people. We fast to feel the way they do. It is a month of visiting relatives and friends, thinking positively,” he said.

Muslims fast during the daylight hours. While the hunger and thirst remind them of the suffering of the poor, fasting is also an opportunity to practice self-control and to cleanse the body and mind. And in their most sacred month, fasting helps Muslims feel the peace of their spiritual devotion as well as kinship with fellow believers.

Ramadan ends with the festival of Eid al-Fitr, the “Festival of Breaking the Fast,” which occurred on Oct. 24. Eid al-Fitr is one of the most important Islamic celebrations.

Even though Ramadan is over, Muslims still think about what it’s like to be poor, and appreciate their families.

The celebration is meant to be shared with family, but because the officers are away from home, they celebrated Eid al-Fitr with their military family.

Riehle said, “We have great pride in what you have accomplished during Ramadan because you fasted and the same time you studied. You were strong, and you met your objectives.

You felt the hunger, remembered the pain of the poor, and you renewed your bodies and spirits. You were successful.”

El Moussaoui said he appreciated the celebration and was thankful for the accommodation Fort Huachuca has offered them for their Muslim services. The Muslim students have diverse backgrounds, some coming from Chad, Malaysia and Albania.

“Present times calls Muslims and non-Muslims to unify our efforts with teamwork and friendship so we can look forward to prosperity and peace for our nations,” he said.

El Moussaoui also said that he was impressed with the diverse cultures in America, and the attempt to understand Muslim cultures.

“This is the power, when you have different cultures. Nowhere can you find this anywhere in the world.

“You share other cultures; develop yours, especially if you take a good thing from another culture. We take from you, and you take from us.”

From **ROTC**, Page A11



Photo by Cdt. Abby Nelson, Army ROTC

The cadets participated in confidence course activities during the FTX.

talk gave way to the silence of sleep.

Back on campus, the cadets quickly conducted recovery actions, cleaning equipment and taking accountability.

All in all, everyone had a blast. Instead of telling friends and family about a math equation or a physics problem they had worked on over the weekend, they had exciting stories of getting lost, overcoming fears, working as a team through physical challenges and reenacting the Civil War. That being said ... everyone was ready to take a shower!

Advertisement

From **ARMY**, Page A4

flat. He changed the tire in about five minutes and got back on the course. A heavy downpour of rain then began.

At around mile 98, Lorenz's front tire went flat. "I expect to have one flat on the course, you have to kind of go into the race with that mind set," he said. He didn't have another spare tire.

Lorenz uses bicycle tires that glue onto the rim which makes for quick tire changes. He was unable to beg a spare from fellow competitors but was able to continue on with the race with a flat for 13 miles.

Called by several different names, tubular, sew-on or glue-on tires have the added benefit of being able to be ridden on even when they are flat.

"I was coming into town when a support van went the other way," Lorenz said. "I hollered at him and he turned around and pulled next to me. Five minutes later I was on a new front wheel."

Lorenz then finished the 112-mile ride with a time of 6:08:33, averaging 24.97 mph.

While out on the course, Lorenz relies on a home-

made drink for energy. He mixes one bottle each for the bike and running portions of the race. Each bottle contains 1400 calories. "I finish and I'm not just ravaged with hunger," Lorenz said.

He then went into the transition area where Lorenz faced the 26.2-mile marathon, an event he calls the "Sufferfest."

He said that he draws a lot of his energy from the crowd who were cheering him on because of his U.S. Army uniform.

"It's just really inspiring and I don't think that they do that for any other uniform out there, nobody cares if your coach is some famous guy or you are sponsored by Timex," he said.

Lorenz finished the marathon portion of the race in 3:33:29.

"Everybody says I looked good crossing the finish line and I said that you didn't see me 30 seconds after they moved the camera," Lorenz said.

At the award ceremony, Lorenz said the Army team was presented with their awards on a stage in

front of 5,000 people.

"It was a great honor just to represent the Army," he said. "It was real incredible how everybody in the community, not only athletes, come up and talks to you and feel an openness toward anybody wearing something that says Army or an Army uniform."

Five days after the endurance test, Lorenz said that his legs were a little bit sore and if he squats he has a hard time.

Lorenz said that 10 or 12 hours after the race his metabolism was still supercharged and he continued to sweat.

He said he didn't sleep well after the event and checked with other competitors who reported lying in bed and feeling like they were still racing with a high body temperature and heart rate.

Lorenz says that he hopes to represent the Army again at the Ironman World Championships in 2007. He and his wife Kathleen are signed up for Ironman-Louisville on Aug. 26, 2007 where he hopes to qualify for the Ironman again.

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Army activates IMCOM to improve support to Soldiers

Installation Management Agency
news release

The Army activated the Installation Management Command Oct. 24 to consolidate and strengthen installation support services to Soldiers and their families through the full authority of command.

Lt. Gen. Robert Wilson assumed the IMCOM command at a Pentagon ceremony hosted by Lt. Gen. James Campbell, Director of the Army Staff. The new command places the former Installation Management Agency, the former Community and Family Support Center and the Former Army Environmental Center under a single command as a direct reporting unit.

"Today we take the next step in the evolution of Army installation management... in order to create a more efficient, effective and agile organization to ensure the best Army in the world is supported by the best installations in the world," Wilson said.

In keynote remarks, Campbell drew a parallel between the IMCOM and the new Army advertising slogan, "Army Strong." He defined "strong" as the ability to stand up for oneself, while "Army Strong" is the ability to stand up for everyone else.

"In my mind, the Installation Management Command shows that it is Army Strong each and every day," Campbell said, "with the strength to make an installation a community; a set of quarters a home; and complete strangers, friends.

"(IMCOM has the strength) to ease separation and connect the Soldier on point with a family at home; the strength to genuinely care for the loved ones back home so that young Soldier facing life



Photo by Stephen Oertwig

Lt. Gen. Robert Wilson, center, and Command Sgt. Maj. Debra Strickland, right, unfurl the new Installation Management Command flag at the activation ceremony held Oct. 24 at the Pentagon. Wilson became IMCOM commander at the ceremony. New flags for the Army Environmental Command and Family and Morale, Welfare and Recreation Command also were unfurled. AEC and FMWRC are subordinate commands of IMCOM.

and death can focus on the mission at hand."

As IMCOM commander, Wilson is dual-hatted as the Army's Assistant Chief of Staff for Installation Management, reporting directly to the Army Chief of Staff. Brig. Gen. John A. Macdonald, former IMA director, became IMCOM's deputy commander.

Under IMCOM, CFSC is renamed the Family and Morale, Welfare and Recreation Command, and becomes a subordinate command of IMCOM, commanded by Brig. Gen. Belinda Pinckney, with its own flag. The AEC is now the Army Environmental Command—also

a subordinate command, commanded by Col. Michael O'Keefe, and with its own flag.

The flag casings and uncasings were a symbolic focal point of the activation ceremony and the three gold and red flags, standing together in a rank, seemed to further underscore the unity of purpose inherent in the new organization.

"The Army has never been in greater need of installations as flagships of readiness than it is now," Wilson said, citing the construction, personnel and equipment realignments required to support Base Realignment and Closure, Army Modular Force, and Global Defense Pos-

ture Repositioning. He said BRAC alone accounts for more than 1,200 actions that impact the IMCOM mission.

The Army announced the establishment of the Installation Management Command as a direct reporting unit in August. This initiative is part of Army efforts to reorganize its commands and specified headquarters to obtain the most agile command and control structures to support the expeditionary, modular force.

The full authority of command is vital to effectively direct the vast resources necessary to support troop deployments while meeting the needs of their families, Army officials said in announcing the decision to form IMCOM. Consolidating the installation management structure under IMCOM optimizes resources, protects the environment and enhances well-being of the Army community. IMCOM will provide fast, efficient and agile support to commanders in the performance of their tactical and strategic missions.

The new command, currently headquartered in Virginia and Maryland, will relocate in 2010 to Fort Sam Houston, Texas, in accordance with requirements of the 2005 Base Realignment and Closure round. The deputy commanding general will locate in Texas, while the commanding general and ACSIM functions remain at the Pentagon.

The new command also will consolidate the four Installation Management Agency regions within the continental United States into two as required by BRAC. The Western Region will stand up in November at Fort Sam Houston, with consolidation taking place over the next few years. The Eastern Region will locate at Fort Eustis, Va., in 2010.

Army advertising campaign ramps up for change

Scout reports

The Army announced the start of communication and education efforts to assist the Army family to convey to the Nation its new advertising campaign — Army Strong.

Army Secretary Dr. Francis Harvey unveiled the effort to tell the Army about the campaign, a key component of the Army's recruiting efforts, during an opening ceremony for the 2006 Association of the U.S. Army Annual Meeting in Washington, D.C.

"Soldiers must be strong for themselves," the secretary said. "There is only one place to find this strength. You are Army strong." The new advertising campaign slogan will replace "the Army of One" Nov. 11. The "Army Strong" campaign is part of the secretary's efforts to sustain

the all-volunteer force against tough competition from the other services and colleges.

Army advertising has gone through multiple transformations over the years. More elaborate artwork emphasizing patriotic themes marked the beginning of recruiting efforts followed almost a century later by the iconic Uncle Sam pointing at potential recruits with the caption, "I Want YOU for the U.S. Army."

Advertising campaigns developed in the latter part of the 20th century for the Army acquired a level of sophistication that rivals many Fortune 500 firms.

"We formally launch the new advertising campaign on Nov. 9," Harvey said. "It is vitally important that the internal Army family understand and embrace this new campaign. I believe it speaks to an essential truth of being a Soldier."

The Army Strong campaign will build on the foundation of previous recruiting campaigns by highlighting the transformative power of the Army. It will also capture the defining experiences of Soldiers — active duty, Army Reserve and National Guard — serving the nation at home and abroad.

"I am both inspired and confident that the campaign will build on the positive momentum within our recruiting program," said Lt. Gen. Robert Van Antwerp Jr., commander of the U.S. Army Accessions Command. The Army Strong campaign will address the interests and motivations of those considering a career in the Army, and will also speak to family members and friends supporting prospective recruits. A preview of the campaign and more information is available at AKO (Army Knowledge Online).

Central Iraq microwave system supports MNF-I communications missions

By Stephen Larsen
Special to the Scout

It's difficult enough managing telecommunications infrastructure projects under normal circumstances, trying to juggle cost, schedule and performance to provide the best possible system. When you're managing telecommunications infrastructure projects in Iraq, though, you have to factor in the problems inherent in working in a war zone.

But with diligence and perseverance, you can overcome these obstacles and deliver a high-quality system, as Maj. Kevin Messer proved during his recently-ended year-long deployment to Iraq, where he led a team from the Project Manager, Defense Communications and Army Transmission Systems part of the Army's Program Executive Office Enterprise Information Systems, in implementing the Central Iraq Microwave System for the Multi National Force Iraq.

Luke Morgan and Brock Tucker, contract engineers from the U.S. Army Information Systems Engineering Command here, were part of the team, worked on the CIMS project and received kudos for their involvement with the process. Morgan remains in Iraq, but Tucker has returned.

CIMS allows MNF-I personnel to tap into Nonsecure Internet Protocol Router Network, Secret Internet Protocol Router Network, the Combined Enterprise Regional Information Exchange System, voice, video teleconferencing and the Joint Worldwide Intelligence Communications System.

"CIMS is a major asset to forces in Iraq for providing lower-cost and higher-speed interconnectivity versus traditional satellite deployments," said Morgan.

Overcoming engineering challenges plus the Rule of 3, 6

Despite considerable pressure from the users to deliver CIMS, Messer in-

sisted on straightening out the kinks in the system before turning it over. He said a major engineering challenge was that CIMS — which includes microwave radios, asynchronous transfer mode switches and high-speed encryption devices — couldn't be tested before being fielded. Instead, they had to install the system and then fine-tune it from end-to-end. After exhaustive testing, with participation from ISEC engineers, the gaining Operations and Maintenance command and coordinated support from vendors and contractors, CIMS' performance far exceeded commercial standards.

"We had to learn on the ground," said Messer. "We could not assume conditions would be as they should be, or as we might expect they should be. We could not assume tech control facilities had stable power or grounding — sometimes they did, sometimes they didn't. We could not assume wiring was properly installed or insulated. We, as the PM (project manager), or the O and M folks, had to do the upgrades to fix the problems as we encountered them. Whatever it took, that's what we did."

"Everything is more difficult in Iraq," echoed Sgt. 1st Class Arthur Lee of PM DCATS, who assisted on the project. "While managing your project in Iraq, the 'Rule of 3 and 6' governs operations — meaning, it takes three times longer to get anything done in Iraq on a 'normal' day, and six times longer when things get hot with increased insurgent activity."

Some 'normal day' challenges? The climate, for one. Messer said there were temperatures of 120 degrees-plus in the summer, and there were torrential deluges during the rainy season in the winter, when rainwater would fill the pits excavated for the concrete pads to support microwave towers — which the CIMS team then had to have pumped out.

"We also had three sandstorms when I was there," added Messer. "You would see a mountain of sand stretching across the horizon, hundreds of feet high, and watch as it approached you. The only thing you could do then was to wait it out until it passed over you."

Another challenge was getting Iraqi workers and vehicles on and off bases.

"You had to get the local nationals (Iraqi workers) badged," said Messer, "then it could take a couple of hours as they waited on line to get through the gate. Then you had to get them back off the base at the end of the day. This limited the number of hours they could work in a day."

Lee told of the adventure of getting a



Courtesy Photo

Luke Morgan, an engineer from the U.S. Army Information Systems Engineering Command, is high atop the Central Iraq Microwave System microwave tower at Taji, Iraq.

water truck onto a base — the water was needed to make the concrete pad for a microwave tower. After the truck waited in the queue for some hours and finally reached the gate, the checkpoint guards made the driver empty the water tank for a security inspection, to ensure there were no explosives, weapons or insurgents hidden in the tank.

"Luckily, we were able to refill the water tank from a stream near the work site," said Lee.

And then there was the problem of the height of some of the microwave towers, up to 500 feet at some locations — which was a problem when the Iraqi cranes went only 100 feet high, and sometimes bent when lifting sections of towers. The solution there, Messer said, was to get a gen pole and winch from the United States to do the heavy lifting.

And what about when things got hot with increased insurgent activity?

"We lost one local national to a terrorist attack," said Messer.

Morgan said there were several incidents of small arms fire at the microwave tower sites during construction.

"One morning," Morgan added, "an unexploded rocket was found 60 feet from the base of one of the towers sites."

If it really got hot, Lee said the crew could get locked-down 'inside the wire,' behind the concrete walls and barbed wire of the base's security perimeter, as they waited for things to cool off.

"That could bring the project to a halt," said Lee, "until it became safe

enough for the Iraqi workers to travel and get back to the base, or for us to get off the base to go to other bases."

Yet they implemented the CIMS project despite these challenges. Messer gives high marks to the CIMS team, singling out ISEC engineers Morgan and Tucker for kudos.

"I had those guys working 18 hour days for almost three months straight," said Messer. "When we ran into problems, they'd stop, troubleshoot and fix the problems."

Messer also praised the performance of his contractor CIMS project coordinator on the ground in Iraq, Robert Delaski of CACI International, Inc.

"Robert Delaski was amazing," said Messer, "he was my 'go-to' parts guy. If we needed material — fiber, antennas, whatever we needed to be successful — you would see Delaski driving a forklift across Victory base with it."

Despite the obstacles, they delivered CIMS just ahead of the mid-April date that they promised. The operation of the system exceeded expectations, and the customer was pleased with the result. This was evident when Brig. Gen. Gary Connor, MNF-I's Deputy Chief of Staff, Communications and Information Systems, stopped a high-level video teleconference meeting of officers representing MNF-I, the Coalition Forces Land Component Command, the 335th Theater Signal Command and the 160th Signal Brigade to publicly recognize Messer for his work on CIMS and other infrastructure projects in Iraq.



Photo by Luke Morgan

The CIMS microwave tower at Taji, Iraq rises 500 feet high.

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Service News

Ultimate sacrifice in support of Global War on Terrorism

Petty Officer 2nd Class Charles Komppa, 35, of Belgrade, Mont., died Oct. 25 from enemy action while conducting combat operations in Al Anbar province, Iraq. He was serving with the 3rd Naval Construction Regiment, Multi-National Corps – Iraq, and was assigned to Naval Mobile Construction Battalion 18, Detachment 0618 in Billings, Mont.

Sgt. Thomas Gilbert, 24, of Downers Grove, Ill., died Oct. 25 while conducting combat operations in Al Anbar province, Iraq. He was assigned to Marine Forces Reserve's 1st Battalion, 24th Marine Regiment, 4th Marine Division, Grand Rapids, Mich.

Pfc. Donald Brown, 19, of Succasunna, N.J., died Oct. 25 from wounds received while conducting combat operations in Al Anbar province, Iraq. He was assigned to 2nd Battalion, 3rd Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, Kaneohe Bay, Hawaii.

Pfc. Daniel Chaires, 20, of Tallahassee, Fla., died Oct. 25 from wounds received while conducting combat operations in Al Anbar province, Iraq. He was assigned to 2nd Battalion, 3rd Marine Regiment, 3rd Marine

Division, III Marine Expeditionary Force, Kaneohe Bay, Hawaii.

Lance Cpl. Jonathan Thornsberry, 22, of McDowell, Ky., died Oct. 25 while conducting combat operations in Al Anbar province, Iraq. He was assigned to Marine Forces Reserve's 3rd Battalion, 24th Marine Regiment, 4th Marine Division, Johnson City, Tenn.

1st Lt. Amos Bock, 24, of New Madrid, Mo., died on Oct. 23 in Baghdad, Iraq, from injuries suffered when an improvised explosive device detonated near his vehicle. Bock was assigned to the 4th Battalion, 320th Field Artillery Regiment, 4th Brigade Combat Team, 101st Airborne Division (Air Assault), Fort Campbell, Ky.

Spc. Carl Eason, 29, of Lovelady, Texas, died Oct. 23 in Baghdad, Iraq, from injuries suffered when an improvised explosive device detonated near his vehicle. Eason was assigned to the 4th Battalion, 27th Field Artillery Regiment, 2nd Brigade Combat Team, 1st Armored Division, Baumholder, Germany.

Two Marines died Oct. 23 while conducting combat operations in Al Anbar province, Iraq. They were as-

signed to Marine Forces Reserve's 3rd Battalion, 24th Marine Regiment, 4th Marine Division, Nashville, Tenn.

Lance Cpl. Richard Buerstetta, 20, of Franklin, Tenn.

Lance Cpl. Tyler Overstreet, 22, of Gallatin, Tenn.

Seaman Charles Sare, 23, of Hemet, Calif., died Oct. 23 from enemy action while conducting combat operations in the Al Anbar Province, Iraq. Sare, a Hospital Corpsman, was assigned to Naval Ambulatory Care Center, Port Hueneme, Calif. and was currently serving with Multi-National Corps – Iraq.

Spc. Nicholas Rogers, 27, of Deltona, Fla., died Oct. 22 in Baghdad, Iraq, from injuries suffered when his patrol came in contact with enemy forces during combat operations. Rogers was assigned to the 4th Battalion, 31st Infantry Regiment, 2nd Brigade Combat Team, 10th Mountain Division, Fort Drum, N.Y.

Sgt. Willsun Mock, 23, of Harper, Kan., died Oct.

See **SERVICE NEWS**, Page A21

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From **SERVICE NEWS**, Page A20

22 in Baghdad, Iraq, from injuries suffered when an improvised explosive device detonated near his vehicle. Mock was assigned to the 1st Battalion, 26th Infantry Regiment, 2nd Brigade Combat Team, 1st Infantry Division, Schweinfurt, Germany.

Maj. David Taylor, 37, of North Carolina, died Oct. 22 in Baghdad, Iraq, from injuries suffered when an improvised explosive device detonated near his vehicle. Taylor is assigned to the 2nd Battalion, 6th Infantry Regiment, 2nd Brigade Combat Team, 1st Armored Division, Baumholder, Germany.

Two Soldiers died Oct. 22 in Baghdad, Iraq, of injuries suffered when their patrol came in contact with enemy forces. Both Soldiers were assigned to the 1st Battalion, 22nd Infantry Regiment, 2nd Brigade Combat Team, 4th Infantry Division, Fort Hood, Texas.

Killed were: **Spc. Nathaniel Aguirre**, 21, of Carrollton, Texas. **Spc. Matthew Creed**, 23, of Covina, Calif.

Four Marines died Oct. 21 while conducting combat operations in Al Anbar province, Iraq.

Lance Cpl. Clifford R. Collinsworth, 20, of Chelsea, Mich.

Lance Cpl. Nathan R. Elrod, 20, of Salisbury, N.C.

Lance Cpl. Nicholas J. Manoukian, 22, of Lathrup Village, Mich.

Cpl. Joshua C. Watkins, 25, of Jacksonville, Fla.

Collinsworth, Elrod and Manoukian were assigned to 1st Battalion, 6th Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

Watkins was assigned to 2nd Tank Battalion, 2nd Marine Division, 2nd Marine Expeditionary Force, Camp Lejeune, N.C.

Lance Cpl. Eric Herzberg, 20, of Severna Park, Md., died Oct. 21 while conducting combat operations in Al Anbar province, Iraq. He was assigned to 3rd Battalion, 2nd Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

Staff Sgt. Kevin M. Witte, 27, of Beardsley, Minn., died Oct. 20 in Baghdad, Iraq, from injuries sustained when an improvised explosive device detonated near his vehicle during a combat patrol. Witte was assigned to 2nd Battalion, 6th Infantry Regiment, 2nd Brigade Combat Team, 1st Armored Division, Baumholder, Germany.

Pvt. Edwardo Lopez, 21, of Aurora, Ill., died Oct. 19 while conducting combat operations in Al Anbar province, Iraq. He was assigned to 2nd Battalion, 3rd Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, Kaneohe Bay, Hawaii.

Spc. Jose Perez, 21, of Ontario, Calif., died Oct. 18 in Ar Ramadi, Iraq, from injuries suffered from enemy small arms fire. Perez was assigned to the 1st Battalion, 6th Infantry Regiment, 2nd Brigade Combat Team, 1st Armored Division, Baumholder, Germany.

Staff Sgt. Jesus Montalvo, 46, of Rio Piedras, Puerto Rico, died Oct. 18 in Baghdad, Iraq, from injuries suffered from enemy small arms fire during combat operations. Montalvo was assigned to the 1st Squadron, 10th Cavalry Regiment, 2nd Brigade, 4th Infantry Division, Fort Hood, Texas.

Four Soldiers died Oct. 18 in Baghdad, Iraq, of injuries suffered when an improvised explosive device detonated near their vehicle. The Soldiers were assigned to the 1st Battalion, 22nd Infantry Regiment, 1st Brigade, 4th Infantry Division, Fort Hood, Texas.

Killed were: **2nd Lt. Christopher E. Loudon**, 23, of Brockport, Pa. **Cpl. David Unger**, 21, of Leavenworth, Kan. **Cpl. Russell Culbertson III**, 22, of Amity, Pa. **Spc. Joseph Dumas Jr.**, 25, of New Orleans.

Three Soldiers died Oct. 17 in Baqubah, Iraq, of injuries suffered when an improvised explosive device detonated near their vehicle. The Soldiers were assigned to the 1st Battalion, 68th Armor Regiment, 3rd Heavy Brigade Combat Team, 4th Infantry Division, Fort Carson, Colo.

Killed were: **Staff Sgt. Ryan Haupt**, 24, of Phoenix, Ariz. **Sgt. Norman Taylor III**, 21, of Blythe, Calif. **Pfc. Nathan J. Frigo**, 23, of Kokomo, Ind. **Staff Sgt. Ronald Paulsen**, 53, of Vancouver, Wash., died Oct. 17 in Tarmiya, Iraq, from injuries sustained when an improvised explosive device detonated near his vehicle. Paulsen was assigned to the Army Reserve's 414th Civil Affairs Battalion, Utica, N.Y.

Advertisement

MWR will offer free services Veterans Day

Morale, Welfare and Recreation facilities will observe Veterans Day on Nov. 11, by offering free services to active duty and retired military that day only. All free services will be limited to available time and space, so early reservations are recommended.

*Desert Lanes will offer free bowling and shoe rental 4:30 p.m. - midnight. (Limit three games.) For more information, call 533-2849.

*Mountain View Golf Course will offer free golf cart rental from 7 a.m. to 5:30 p.m. Call MVGC at 533-7088 to reserve a tee time.

*Buffalo Corral will offer one hour of free open horseback riding 9 a.m. - 4 p.m. Family members will be charged regular rates. Pre-registration is necessary and reservations will be taken on a first-call, first-served basis. For more information or to reserve a time, call Buffalo Corral at 533-5220.

*The Sportsman's Center will offer free

paintball field time, 9 a.m. - 5 p.m. All participants will need to purchase supplies such as paint, CO2 and equipment, and will be required to adhere to safety regulations and policies. Reservations are recommended and can be made by calling 533-7085.

*MWR Rents will offer equipment rental for free Saturday. Items will be available starting at 9 a.m. and must be returned by 4 p.m. that day. (This does not include campers and recreational vehicles.)

Advance reservations are also recommended for rentals. Call 533-6707 for more information.

*Saturday the MWR Arts Center will offer free instruction in pottery, noon - 2 p.m., and in watercolor, 2 - 4 p.m.

To reserve a space or for more information, call the Arts Center at 533-2015.

In addition to the free services offered by oth-

er facilities, Jeannie's Diner will offer free hot dogs and sodas, from 12:30 to 2:30 p.m., Nov. 11 for active duty military and their family members. The offer is good while supplies last.

MWR salutes all veterans on Veterans Day.



Courtesy photo

November specials at Jeannie's, DL

Every Saturday in November, from 3 to 5 p.m., Jeannie's Diner and Desert Lanes will offer the following special:

Enjoy a spaghetti buffet, plus one hour of bowling, including shoe rental, for the reduced price of \$3 per person. Two adults and up to four children may take part.

From now through Nov. 17, patrons are invited to stop in and register to win a free turkey at Jeannie's Diner. Four turkeys will be given away. The drawing for the turkeys will be held Nov. 18 at Jeannie's.

Also, now through Nov. 30 at Jeannie's, the public is invited to sign a giant greeting card, which will be sent to the troops overseas in time for the holidays.

For more information, call 533-5759.

Junior golf clinic held at MVGC

A junior golf clinic, for ages 6 to 17, will be held Saturdays, from 10 to 11 a.m. Saturday, and Nov. 11 and 18 at Mountain View Golf Course.

Cost is \$8 per person, per session. The price includes instruction, use of clubs and range balls. No reservations are required for this clinic.

For more information, call 533-7088.

Sign up for Veterans Day run

The MWR Sports and Fitness Branch will hold the Veterans Day 5 Kilometer Commemorative Run beginning at 7 a.m. Nov. 11 at Eifler Fitness Center. Registration for the run is now in progress.

Entry fee is \$10 for active duty military or \$15 for civilians. Fee includes awards, refreshments and a souvenir t-shirt.

Entry forms are available at Barnes Field House and Eifler Fitness Center.

For more information, call Mick Gue at 533-4723.

Take exercise classes at BFH

The Sports and Fitness Branch of MWR offers a variety of group exercise classes, designed to fit into various schedules and fitness needs.

An aerobics/body sculpting class is held from 9:15 to 10:30 a.m. Mondays, Tuesdays and Thursdays. The fee for this class is \$3 per person per session or \$2 per session for active duty military only.

Pilates class is offered from 9 to 10 a.m. Wednesdays and Fridays. The fee for this class is \$3 per person per session or \$2 per session for active duty military only.

Water aerobics class is held from 8 to 9 a.m. Mondays, Wednesdays and Fridays. Fee for this class is \$3 per person per session. A 10-session pass for water aerobics is available for \$25.

Cardio kickboxing class is held from 5:30 to 6:15 p.m., Tuesdays and Thursdays free of charge.

Cardio kickboxing/step aerobics class is offered from 5:30 to 6:30 p.m., Mondays and Wednesdays. This class is also free of charge.

For information, call Alyssa Neider at 533-0041.

Santa family photo shoot planned

MWR will offer a holiday photo opportunity for family members of deployed Soldiers from 9 a.m. to 4 p.m. Nov. 13 at Murr Community Center.

Santa will be available to pose with the kids. The photos will be printed on 5 1/2" x 8 1/2" glossy paper. Cost is \$3 per photo. Customers will have a choice of six holiday frames.

Photos can be picked up Nov. 17 at Murr Community Center, allowing time to mail for the holidays.

For more information, call 533-2404.

New arts, crafts classes

The MWR Arts Center will offer the following new adult classes:

A lapidary class, from 6 to 8 p.m., Nov. 8, 9 and 10--cost \$49; a PMC silver jewelry class from noon to 2 p.m. Nov. 18 and from 6 to 8 p.m. Nov. 21 and 22--cost \$100; and the autumn pages borders for Creative Memories Scrapbooking from 2 to 4 p.m., Nov. 18--cost \$10.

For more information, call 533-2015.

Soccer coaches meeting set

The Sports and Fitness Branch of MWR will host a winter soccer shootout tournament Dec. 8, 9 and 10 at Sentinel Field.

The team coaches' meeting will be held at 6 p.m., Nov. 16 at Eifler Fitness Center. All units or individuals wishing to participate in the tournament should attend the meeting.

Entry fee is \$100 per team and is due by close of business Dec. 4.

For more information, call Michelle Kimsey at 533-3180 or e-mail michelle.kimsey@hua.army.mil.

Register for adult karate class

The MWR Recreation Program Registration and Ticket Office is now accepting registrations for the American Okinawan Karate Academy class.

The class, open to adults 18 and older, is held from 6:15 to 7:15 p.m., Mondays and Wednesdays at Murr Community Center.

Register from 10 to 11 a.m. and 1 to 4 p.m. Monday through Friday, at Murr Community Center.

For more information about adult karate classes, call the CER Office at 533-0738 or the Youth Sports Office at 533-8385 or 533-0711.



Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com

The Scout TimeOut

THUNDERBIRDS' WIN POST FOOTBALL CHAMPIONSHIP

Story and photos by Thom Williams

The Headquarters and Headquarter Company, 11th Signal Brigade Thunderbirds went on a roll and won seven games in a row coming from the loser's bracket to capture the 2006 Post Flag Football Championship.

The Thunderbirds' last victim was the Joint Interoperability Test Command team that had knocked HHC, 11th Sig. Bde. into the loser's bracket and was undefeated going into the championship games.

Running back and linebacker Kevin Kachel who just arrived at the signal unit from Germany predicted a win before the contest and it all came true.

In the first game, the Thunderbirds scored first as James Jancaric intercepted a JITC pass and quarterback Myron Thompson connected with receiver and team captain Omar Pierre. The score put the Thunderbirds up 6-0 with the extra point try missed.

JITC could not get their offense untracked thanks to a stiff Signal defense and Thompson then scored on a double-pass which was enough for the Thunderbirds to win the game 12-0 and forcing the if-necessary game.

Signal drew first blood in the second game with Thompson scoring on a run. JITC came back to tie the game at 6 apiece as quarterback Jacob Hatcher connected with Ernie Benjamin for a touchdown.

JITC's Adrian Vasquez then intercepted a Thompson pass which led to a touchdown pass from Hatcher to Jaheme Sealy and JITC was up 12-6.

The Thunderbird had their backs against the wall with time running out, but Rodrigo Rocha intercepted a JITC pass and ran it back for a touchdown. Thompson scored the extra point and



Members of the Headquarters and Headquarters Company, 11th Signal Brigade Thunderbirds celebrate winning the 2006 Post Flag Football Championship.

Signal was ahead to stay 13-12.

"We were the first ones in the loser's bracket but we came back and swept everybody because we were lions and we were not playing around," said Thunderbird quarterback Thompson during

the post-game celebration.

By winning the flag football championship HHC, 11th Sig. Bde. garnered 115 points in the 2006-07 Commander's Cup Sports program while JITC earned 100 and Company E, 309th Military Intelligence Battalion received 90 points.

The Commander's Cup Sports program's basketball season begins tomorrow night.



A Headquarters and Headquarters Company, 11th Signal Brigade receiver is tackled by members of the JITC football team. Signal won seven games in a row to win the Post Championship.

2006 Fort Huachuca Flag Football Championship Intramural Tournament

Oct. 31 Championship			
HHC, 11th Sig.	13	JITC	12 If necessary game
HHC, 11th Sig.	12	JITC	0
Oct. 30			
HHC, 11th Sig.	31	Co. E, 309th MI	21
Oct. 26			
HHC, 11th Sig.	13	Co. F, 309th MI	6
JITC	19	Co. E, 309th MI	13
HHC, 11th Sig.	41	EPG	35 OT
Oct. 25			
JITC	1	EPG	0
Co. E, 309th MI	26	Co. F, 309th MI	19
EPG	25	NCOA	21
Oct. 24			
EPG	28	MEDDAC	14
NCOA	19	HHC, USAGI	6
HHC, 11th Sig.	35	MEDDAC	6
Oct. 23			
Co. F, 309th MI	19	HHC, USAG	12
Co. E, 309th MI	52	NCOA	46 OT
JITC	20	HHC, 11th Sig.	19



A Thunderbird defender bears down on JITC quarterback Jacob Hatcher Tuesday night on Sentinel Field.

Fit for Life

Don't Let Stress "Psych" You Out ...

By George Colfer, Ph.D.
Scout Contributor

Stress plays a role in our lives affecting much of what we do and how we handle certain situations. Sport is no exception. Stress is a state of the body and mind and is the body's physical and mental response when demands are placed upon it. Stress level is determined by how we react to the stressors or demands placed upon us. Reactions vary from person to person according to one's experience, training and emotional make-up.

Stress' influence is present in physical activity whether sports, fitness or military-related. Stress can improve or detract from performance. Some people can handle stress better than others and use it to their advantage. These people actually thrive on stress while others abhor it.

A key point to make is that stress is different from anxiety which, when present, usually affects performance negatively. Anxiety stems from a loss of control over circumstances and often causes fear and inhibition, both of which are damaging in any competitive or emergency situation.

One of the first steps to counter stress in physical activity is to know yourself. Previous experiences will be beneficial to future performance and all stress is not bad. Positive stress is what provides satisfaction and excitement in life. In certain situations, the same stress may provide both sides of the stress syndrome.

As an example, a football athlete without a lot of game experience gets promoted to the starting team on Monday causing him elation and a sense of satisfaction. This also increases motivation and inspires harder work that week. When game time arrives on Saturday, all of the positive stress created by the promotion may fade as the reality of playing the game without having much prior experience can cause feelings of negative stress, and, if allowed to move to anxiety can hurt performance.

Questions will arise: How will I play ... will I let my teammates down ... am I up to the challenge?

On the positive side, all athletes are under stress as they train and practice. Therefore, a good week of practice may ward off some negative stress and help the athlete overcome any fears or inhibitions. On the same side, especially in team sports, a player may sense a feeling of belonging not experienced as a reserve and the fact that now he or she has some control over the outcome of the game. Team or unit bonding and the comradeship that develop by not wanting to let your teammates down is

a powerful motivating force. Ultimately, performance results and lessons learned will most likely determine future attitudes towards stress and help shape a person's reaction.

Stress in a competitive environment can also lead to adrenalin release from the "fight or flight" response. The body produces adrenalin which provides a powerful burst of energy that sometimes results in super human feats. This becomes a double-edged sword. Adrenalin causes physiological arousal, promotes keen alertness and prepares the body for explosive activity. On the opposite side, stress can inhibit judgment or rational thinking, narrow one's attention span and can interfere with fine motor skills to make executing complex skills difficult.

Certain sports and other situations benefit from the adrenalin response. Contact sports, weight lifting and sprint events would be examples that require a high arousal level while sporting activities such as golf, distance running and many other aerobic events will benefit from a low-arousal level.

Events requiring high arousal levels are usually of short duration. However, in life threatening situations such as military combat or emergencies, the adrenalin response has lasted significantly longer.

The self-starting individual tends to manipulate their own stress levels as need demands. Prior experience and the ability to control one's behavior or performance minimizes the effects of negative stress. Learned behaviors usually surface which is one reason training, conditioning and practice is very important both in sport and the military.

There are several ways to minimize negative stress. As previously mentioned, there is no substitute for physical and mental preparation. By pushing oneself to the maximum level the body and mind will adapt to the demands placed upon it and become stronger to handle future stressors. There are also several programs of relaxation-type techniques that can be learned to cope with stress. One of the most effective ways is to prep the mind to foresee stress situations in advance and to focus on probable solutions or outcomes. This general category in sport psychology is called mind training and includes the concepts and practice of imagery, mental practice and visualization. Properly used these techniques can help athletes, fitness participants and military personnel to mentally rehearse and focus on the tasks to be undertaken.

(Next Time: training for the mind. How to use imagery, mental practice and visualization)

Myer School Chalk Talk

The **Magellan Running Club** has completed its eight week. Third- grade top boys are Levi Couillard-39 points, Montineze Cole-29 points, Marlon Ausby-37 points. Third-grade girls: Candice Miller-39 points, Kaili Lasley-38 points, Maria Snyder-27 points. Fourth-grade boys: Manuel Enriquez-25 points, Rene Reyna-21 points, Nestor Rodriguez-20 points. Fourth grade girls: Asia Haywood-26 points, Trista McNamara-25 points, Mia McCallum-23 points. Fifth grade boys: Andrew Camps 48 points, Fernandes Boyd-29 points, Geovanie Santos-27 points. Fifth-grade girls are Kierra McKnight and Melinda McCallum-39 points, Cameron Gillespie-30 points. The top class of each grade level with the most miles were: Bonnie Austin's third-grade class with 75 miles; Lynn Tompkins' fourth-grade class with 55 miles; and Regina Chesleigh's fifth-grade class with 47 miles.

Maureen Brady's third graders created color wheels using colored construction paper. They learned about the French impressionist painter, Georges Seurat and created pictures using his pointillism technique. They traced their hands and feet and used mirrors to help them draw their self-portraits. Now they are doing a depth perception project using fish stencils in three sizes. They are trying to create the illusion of near and far fish.

Maureen Brady's fourth graders learned how to mix all twelve colors of the color wheel using only the primary colors of red, yellow, and blue. They create beautiful color wheel paintings. Now they are learning how to draw in 3-D.

Maureen Brady's fifth graders had guided drawing lessons to learn how to draw Leo the Lion, Paul the Parrot, Betty the Bird, and a Carousel Horse. They learned about complimentary colors in a project using rulers and compasses to create an interesting overlapping design, which they colored choosing two complimentary colors. Now, they are learning about Piet Mondrian and are creating geometric paintings in his style.

The Iguanas used their math skills to compare portions of familiar foods that were served 20 years ago to today's extra large portions. There was a four-way competition to see which team could guess how many more calories are added with today's super sizes. Multiplying by two works some of the time, but when it came to French fries they had to triple the calories. The winning team was Bryan Parker, Cleopatra Aviles and Geovani Santos.

Scrapbooking

Preserve photos creatively with a fast-growing craft hobby

Story and photos by Tanja Linton

Media Relations Officer

Everybody has them — shoeboxes full of photos, still in the original envelopes, moldering away in some forgotten corner. Yes, there are those who can get organized enough to file them in photo boxes or maybe even go so far to put them in a flip book to whip out and show their seatmates during a non-stop trans-continental flight. But let's face it, that isn't most of us. We're doing well if we e-mail a few pictures to friends and relatives and maybe

have a family portrait printed as the yearly Christmas card.

What if there was a way to use those forgotten photos and make them interesting? Not possible, you say. Then you are obviously not familiar with one of America's fastest growing craft hobbies — scrapbooking.

You've probably seen the pretty papers and stickers in craft departments and rushed past them after seeing brads, eyelets, plastic templates, pens, glues and hammers, wondering "What kind of craft is this?"

The world of scrapbooking has collided with the popularity of digital cameras and more people taking photos, and blossomed into a full-blown art form. Don't let all the tools and all the bits and pieces intimidate you. Scrapbooking is more than just a photo album. It is a way to tell a story in an artful and creative way.

Before you dive in feet first and buy a lot of tools and gadgets, find a friend who is already scrapbooking and tell her you'd like get started. More than likely, they'll be happy to help you out. The very basic tools are photos, paper, adhesives, cutting

tools, a book and a creative imagination.

If you don't have a friend who scrapbooks, the arts and crafts center on post, crafting chain stores like Michaels and JoAnn's, consultants for Creative Memories and specialty scrapbook stores like Making Memories Unforgettable in Tucson hold classes and provide the tools. You typically pay for the class and sometimes the supplies.

The Fort Huachuca Arts and Crafts Center offers Creative Memories scrapbooking classes. The next class in beginning scrapbooking takes place from 1 to 3 p.m. Saturday, on Nov. 18 an autumn pages class is scheduled from 2 to 4 p.m. and a power sorting class from 1 to 4 p.m. on the same day. Two classes cost \$10. The power sorting class costs \$50. Call 533-2015 for details.

The arts and crafts center currently has a modest selection of scrapbooking supplies. "We've had lots of people calling and asking about scrapbooking," said Ulrike Tarquinio, a recreation aide at the center. "It's the main reason we're working to expand our program," she added.

You can now stock up on supplies locally. Emy Hendrickson opened the doors of 1000 Memories on Fry Boulevard June 24. "I thought about opening my own store for a while, but it was my granddaughter, Aspen, who really pushed to open the business," she said.

Once you get started it is hard to stop. It is fun and addictive. Online sources can provide new ideas and sell all the latest products. Magazines like *Creating Keepsakes* or *Scrapbook Answers* also help fuel the creative process.

Military scrapbooking is a specialty that has grown tremendously in the last few years and there is now an amazing range of products.

See **SCRAP**, Page B7



Robbin Myers cuts a mat for a page featuring her dog, Grace.



Sarah Johnson picks paper for a new project at 1000 Memories. She and her husband began scrapping together when they were dating.

Advertisement

Advertisement

Range closures set

Thursday – AA, AC, AD, AE, AF, AG, AJ, AK, AL, AP, AW

Friday – AB, AC, AD, AE, AF, AG, AJ, AK, AL, AP, AR, AU, AW

Saturday – AB, AC, AD, AE, AF, AG, AJ, AK, AL, AM, AP, AQ, AU, AW, T1, T1A, T2, T3

Sunday – AB, AD, AE, AF, AG, AJ, AK, AL, AM, AP, AU, AW, T1, T1A, T2

Monday – AB, AC, AD, AE, AF, AG, AH, AJ, AK, AL, AR, AW

Tuesday – AB, AD, AE, AF, AG, AH, AJ, AK, AL, AR, AW

Wednesday – AB, AD, AE, AF, AG, AJ, AK, AL, AW, T3

For more information on range closures contact Range Control at 533-7095. Closures subject to daily change.

Invite a Vet to MAC luncheon

The Greater Sierra Vista Chamber of Commerce Military Affairs Committee is holding its monthly luncheon at 11:30 a.m. on Wednesday at the Thunder Mountain Activity Centre.

This month in recognition of Veteran's Day those attending the luncheon are encouraged to invite a veteran to the lunch and pick up the tab. Cost of the lunch is \$10.

This month's guest speaker is retired Command Sgt. Maj. Jimmie Spencer, director of Noncommissioned Officer and Enlisted Affairs, Association of the United States Army.

For more information on the MAC Luncheon contact the GSVCC at 458-6940.

Fort Huachuca Retiree Council meets

The Fort Huachuca Retiree Council is now active and meets at 10:00 a.m. the first Friday of each month, in the Jack Rabbit Room, Murr Community Center. Coffee Call is at 9:30 A.M.

The Retiree Council serves the 4,800 military retirees in Cochise County and other military retirees throughout Arizona.

The next meeting of the Retiree Council is tomorrow at 10 a.m.

For information, call Clemens Bredeson at 417-1645 or e-mail brede@theriver.com.

Prescribed burns planned here

Within the next two weeks, weather permitting, Fort Huachuca Fire Department and the Coronado National Forest plan to conduct two prescribed burns on post to reduce fuels.

The first burn, about 500 acres, will take place inside the fence at Libby Army Airfield. A second burn is tentatively planned at Site India South, which is near the Black Tower.

Burns should begin around mid morning when moisture levels drop.

Those traveling on the fort or in nearby areas should expect to see smoke while burns are in progress.

Seafood extravaganza underway

The Fort Huachuca commissary seafood truckload extravaganza is underway from 9 a.m. to 6 p.m. through Saturday in the front entrance.

Shop early for the best selection.

Soldiers get free paperbacks

The Department of the Army Community and Family Support Center has been funded to provide Soldiers deploying or already deployed from Ft Huachuca with new paperback books. Boxes of 25 new paperback books each are available at the Fort Huachuca Main Library, located at the corner of Smith and Arizona. Call Natalie Danforth at 533-3041 for more information. Or contact her via email, Natalie.Danforth@us.army.mil.

Vets eat free Nov. 13

On Nov. 13 from 5 to 9 pm, all 481 Golden Corral restaurants spanning 40 states will offer veterans and active duty members of the U.S. military a free dinner buffet and beverage.

Anyone who has ever served in the military is invited to the free "thank you" dinner. Understandably, they cannot provide a free meal for family members or extended family members.

No identification is required and no questions asked. This will be the sixth annual "thank you" to our nation's heroes from Golden Corral.

Golden Corral is located at 798 S. Highway 92 in Sierra Vista.

Huachuca Art Association holds show

The Huachuca Art Association will present their annual November judged fine art show at the Mall at Sierra Vista, beginning Saturday and running to Nov. 17.

The show will display the best works by the member artists and a special "People's Choice" award presented on the final day of the event.

For more information, contact Mary Okert at 803-9500 or Harlan White at 803-8525.

Leave donations sought

The following Department of the Army civilians on Fort Huachuca are on the Leave Donor Program and need leave donations: Michael Clark, DPS; Alicia Doyle, WCPOC; Linda Haldorson, MEDDAC; Pamela Hastings, CA/ITEC-4; Aline Knight, IG; Shirley Michaud, DOIM; Kimberly Outlaw, DPS; Patricia Paiz, 305th MI Bn; Susan Pester, MEDDAC; Scott Van Voorst, FUTURES, Robert Martinez, USAIC.

Government employees impacted by "Hurricane Katrina" are still in need of leave donations. Contact the Civilian Personnel Advisory Center at 533-5273 for more information on how to donate.

At The Movies

Showing at the Cochise Theater for the next week are:



Today -7 p.m.
The Black Dahlia
R

Friday -7 p.m.
Flyboys
PG-13

Saturday-7 p.m.
Jackass Number Two
R

Sunday -2 p.m.
Jet Li's Fearless
PG-13

Monday - Wednesday
Closed

Reduced prices on Thursday evening and Sunday matinees.

Watch CAC

The Commander's Access Channel is your channel. We provide a window to the military community that you live in. Committed to the value of community television we are your source for military news and local information. We share in your successes and connect you to the events that are shaping your future. We're your channel.... Cable 97.



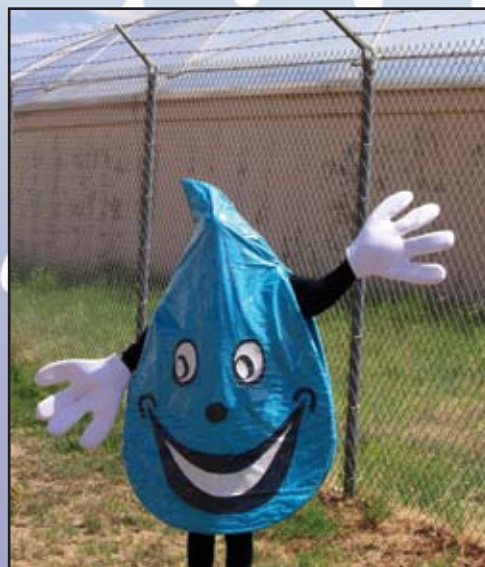
Where's Wettie?

This tank behind the commissary holds three million gallons of water. All the water on Fort Huachuca is pumped from deep underground wells, stored

in tanks, and then distributed around the Fort. Wettie asks that you be a model of water conservation every day. Fix leaks and use the smallest amount of water needed to accomplish a necessary task. Removing less water from the underground supply is a great form of conservation.

Congratulations to **Jackie Carter, administrative assistant with School Age Services**, this week's winner.

Read next week's Scout for another chance to play.



This contest is sponsored by the Fort Huachuca Water Wise and Energy Smart program and The Fort Huachuca Scout.

From **SCRAP**, Page B3

My parents not only have a shoebox full of photos, but they also have a whole drawer of family pictures. I asked my mom to go through them and pull out anything related to my dad's Air Force career with the intention of making a surprise gift, a scrapbook detailing his 34 years of service.

My mom couldn't remember all the dates and events, so we put the pictures in an envelope, gave my dad a block of sticky notes and asked him to put dates on the back of photos. He not only did that, but he also put his comments about the events. His notes provided the captions for his story and made the book much more personal and interesting. The rest of the family then added their own memories of his career.

During a unit reunion, the organizers put out a table for people to share their photos. Members of the unit pulled a few photos out of their pockets, but my dad had a whole book and was the hit of the event. He was not only proud of his military accomplishments, but also proud that he could share his story with others.

Don't let your memories rot away in some forgotten corner. Capture some of the details of your family events, milestones or vacations. Pets, school days and sports are great subjects for scrapbooks. You may want to keep a travel journal or notebook with you to write down



amusing comments to make the book more personal. Keep your eyes out for ticket stubs, programs, and brochures. They make great scrapbook additions.

A beautiful scrapbook is so much nicer that a shoebox. Your memories deserve to be treasured. Maybe I'll bump into you at the next scrapbooking convention!

(Above)
Customers
display their
pages at 1000
memories.

(Right) Military
scrapbooking is a
growing specialty.

Photos by Tanja Linton



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Classifieds

Classifieds

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